The emergence of the Covid-19 virus has created a rapidly evolving situation which is impacting our community in many ways. The anxiety and unease during this challenging time can amplify stress and trauma to people already in conflict and can create new conflicts.

Mediation is an important process to resolving conflict, especially in this unprecedented period. The skills that our mediators have learned and practiced, such as listening, problem solving, and communication, are valuable tools that can help our community in times of uncertainty and fear.

As our local communities work on the most immediate needs such as health, food, medicine, housing, and employment, mediation professionals from around the state, country, and world have been re-structuring conflict resolution services to adapt to meet additional community needs. Local Dispute Resolution Centers in Washington State have stepped up to support the health and well-being of individuals and groups that are challenged by family, financial, social, community, and political conflicts.

Online Dispute Resolution mediation, virtual conflict resolution classes and training, and Restorative Practices are being offered at a DRC near you, including phone- and internet-based options. Service options vary by location. A listing of DRCs serving each county are available at this link: https://resolutionwa.org/dispute-resolution-centers/. Contact your local DRC for information and support.

Many DRCs are working with Courts to provide timely resolution of cases during the interruption of regular Court services. This includes increasing remote mediation services to help people address disputes. DRCs welcome your inquiries as to how we can help your family, business or organization, and community get through and recover during these challenging times.

Your local Dispute Resolution Center is a nonprofit organization providing low-cost community mediation services. The economic impact of Covid-19 has created an increased need for services while simultaneously creating a decrease in organization revenue. Please consider a tax-deductible donation to your local Dispute Resolution Center.

www.resolutionwa.org